



IOWA STATE RIFLE & PISTOL ASSOCIATION



2ND QUARTER 2007

ISR&PA BOARD MEETING:

Officers and Directors of the Association will meet on May 06, 2007 in Indianola, IA at Signatures Grill (on the town square across the street from the court house) 107 N Buxton St. The meeting will start at 10:00am. and end around 2:00 pm. Anyone wishing to attend the meeting is welcome to join us. If you need more info on how to get to the restaurant give me a call @ 319-626-2710.

IA ST. INDOOR 3&4 POSITION SMALLBORE RIFLE CHAMPIONSHIPS 25 MARCH 2007

Submitted by: Lowell Baker – Match Director

Sixteen shooters from around the state and Illinois assembled at the West Liberty Gun Club, Inc. indoor range to contest the Iowa Championships, with juniors dominating the ranks.

In the 4-Position Championship, Bill Besgrove added another notch to his belt with yet another Championship. His score of 783.39 bested the field. Dennis Watkinson took home the Resident Marksman Champion, while Turner Watkinson won the Resident Junior 4-Positon Championship. Tayler Hull won the Sub-Junior title. Dana Jones, from Illinois, was the High Jr with a score of. 761.32

In the 3 Position, Bill Besgrove repeated as St Champion with a score of 1090.46. Dennis Watkinson also repeated as Resident Marksman Champion. Jacob Stolley took the honors as the Resident 3-Positon Junior Champion. Tayler Hull repeated as Sub-Junior Champion. Again Dana Jones was awarded the High Jr with a score of 1063.36.

REQUESTS FOR ISR&PA SUPPORT:

It's time once again to requests support for juniors (individual and team) going to national competition or training camps this year. As a club would you like to sponsor a junior shooting camp, maybe a clinic or send juniors to a national match? Are there any adults

planning to shoot as a team this year? We want to help. Submit a written request describing the junior or adult activity (Who, What, Where and When) to ISR&PA 240 Prospect Rd North Liberty, Iowa 52317 and it will be brought before the board for discussion and a vote.

NRA RECRUITING AT GUN SHOWS:

Did you know you can join the NRA or renew your membership at the gun shows in Des Moines at the State Fair Grounds, Adventureland or Cedar Rapids? You get the NRA membership or renewal for \$25, receive a \$15 NRA CAP and get in to the show for FREE. Craig Swartz, his brother Al and Bill Mullan have been at all of these gun shows for many years now and you can count on them being at all the future show too. There is also a real human being one can bitch at or beat on if something happens and the membership doesn't take. We also fix a lot of memberships that were done over the phone or through the mail. You could also go to our website iowastateriflepistol.org and get your membership for \$25 and the cap should come in the mail but you wouldn't get in to the show for free. So going to the gun shows is a good deal.

IOWA RANGE PROFILE:

HUMBOLDT RIFLE AND PISTOL CLUB.

By William Holden

The club was formed in 1958, by a group of people that included hunters, collectors, target shooters and military veterans. Its main purpose at that time was highpower rifles at 200 yards at the current outdoor range, which is located 2 miles northwest of Humboldt. As the years went by, more interest was shown in other shooting sports as well and a mechanical trap was installed out at the range. In the mid sixties the Humboldt club shared an indoor range with the Ford Dodge club on Main Street in Badger, in a basement of one of the stores. This must have been when the Two Rivers league started. I could not find a record of the first teams that started this league that continues to this day.

When the mid seventies rolled around the club wanted an indoor range of their own and a place to have club meetings other than the basement of the old post office building. A committee was formed, and a place was found underneath the Village Cobbler, a store on Main Street, Humboldt. Much work had to be done to convert this basement into a shooting range. Backstop steel was found and installed, as well as all the other aspects that a range would need including a rest room. The range got its first use in the fall of 1977 and the winter of 1978. This worked quite well for the time being but problems were inevitable.

In the winter of 1986, we had to stop using the indoor range because of a problem with the insurance. We were either going to have to pay a big increase in rent or find a building of our own. The Humboldt pistol teams had to shoot 7 away matches that year to finish the 85-86 league season. That summer we found a building to purchase from Jean Kleve, which is, located just ½ block off of Main Street. We had very little money in our treasury, so the hat was passed around and those members that were able donated 100 dollars to the club, so we could convert this building in to a usable range. It took much work on this building because it was an old blacksmith shop. We removed our backstop steel from the old building and anything else we could to reuse in the new range. It took some time, but by the 86-87 league season, we had a workable range to shoot and host matches as well as have our club meetings in the winter.

Over the years the current indoor range has had many updates such as: a steel roof, electric return target carriers, modern bullet trap, the center support beam replaced and the roof supports reinforced.

Our membership has stayed the same over most years with approximately 60 to 70 members. One thing that does make our membership stand out from others is that all members of law enforcement in Humboldt County belong to our club. This consists of the Humboldt County Sheriffs Dept. and the Humboldt Police Dept. We are very happy to have them with us. It was in the mid 90s when they joined.

The club has also had a junior program that started when the first indoor range was developed in 1977. There have been many successes with our junior team and more than once they were the state champions. Our junior club is still active today. It meets for ten weeks starting in January each year. We always have full classes for a curriculum of gun safety and 3-position rifle marksmanship.

Over the years, there have been various shooting sports that the club has been involved with. Highpower rifle matches were the start. Then other interests began for rimfire rifle, shotgun, black powder, various forms of pistol shooting which included, bullseye, action pistol, and three-gun which is rifle, pistol and shotgun in one match. This club has made it for almost 50 years because it could adjust to what people were interested in, but it's the people who did the work that has made the difference.

When I started this quest for the history of the club there was not much written down about it. What I did find was very limited but the dates I have listed are correct. I also could not have done this without the help of Bob Christensen, who is our only charter member still living and my father, Miles Holden, who joined the club one year after it started. I remember going to the outdoor range with him when I was around ten years old. I watched the high power rifle matches with my Mattel plastic Tommy gun in hand, shooting at the targets down range. I have not listed the names of all the hard working people who did the work to get it started, keep it running, and maintain both the outdoor and indoor ranges that we have had. I was afraid I would leave someone out. However I would like to thank all those people who did all the work to keep the club alive all these years. If you are reading this, you know who you are. I am also saddened when I think of those that have made their last call to the range. I hope they are all shooting tens where they are now.

This report would not be complete without a look to the future. This club will have a Golden Anniversary in 2008. We are still a very strong club, but like any other club, we have had our problems. One story my dad told me is how they used to give away ammo the club received from the DCM on meeting nights to get members to show up. This was in the sixties so club meeting attendance has always been a challenge. We have good people in this club and I hope this club will continue for another fifty years. It has to, so our young people will know the freedom we enjoyed, and protected.

ANSCHUTZ RECALL OF AIR CYLINDERS:
During product observation and quality control measures the J.G. Anschutz GmbH & Co. KG has found out that a certain production lot may show material defects at the compressed air cylinders of target air rifles. This material defect may lead to a sudden failure of the aluminum air cylinder. The manometer or the filling valve may loosen from the air cylinder. Serious injuries cannot be excluded.

For safety reasons a check and- if necessary - exchange by the manufacturer is essential. The below listed air cylinder series may be concerned:

The aluminum air cylinders are numbered consecutively:

Air cylinder, silver, length 430 mm: from 012947 to 016843, item No. 711.3415

Air cylinder, red, length 430 mm: from 002444 to 002527, item No. 711.3414

Air cylinder, black, length 430 mm: from 000006 to 000053, item No. 711.3413

Air cylinder, junior, length 290 mm: from 001632 to 002225, item No. 711.3412

The concerned air cylinders must not be used anymore. They must be emptied immediately according to the procedure which you find overleaf.

The above mentioned numbers are indestructibly engraved on your air cylinder. Please control your air cylinder immediately. When the number on your air cylinder matches with the one of the above mentioned numbers, then empty your air cylinder. It must not be filled again.

Please send the concerned, empty air cylinder directly to an authorized Anschutz dealer.

Please note that this recall only refers to the aluminum air cylinders and not to the complete target air rifle

10-Ring	10.00
9-Ring	15.00
8-Ring	20.00
Rings in White _____	Inches
5-Ring	36.00
7-Ring	25.00
6-Ring	30.00

My first question was... “Hey... I earned my long-range classification shooting only 4-Gun 600 matches. I have never shot 800+ yards in competition. What happens to my long-range card?” I fired off an e-mail to the Rifle Classification Department at the National Rifle Association and awaited a reply. About 2 hours later (who says the NRA isn’t good about helping us out) I received an answer.

It turns out that I can do one of two things with my long-range card. I can keep it, or “surrender” it. Either way, I start from scratch with mid-range. I cannot use my long-range card as a mid-range card until I earn a new classification. That means that everyone must shoot their first 4-Gun 600 match this year in the “Unclassified” category. If you keep your long-range card, you only start from scratch for mid-range prone. If you surrender your card, you will start from scratch for BOTH long-range and mid-range prone. You can surrender your long-range card if you ONLY fired 600-yard matches to earn it. If it was a combination of 4-Gun 600’s and 800+ yard shoots... you must keep your long-range card and start from scratch for mid-range.

For us 4-Gun 600 shooters, there is not a lot of change other than being called “mid-range prone” now, instead of long-range (just doesn’t have the same ring to it does it), and having to restart the classification over again for the new system... OH YEAH...in case you thought we were getting off easy... the NRA changed the classification percentages as well (made them a heck of a lot harder)... here they are now, and how they compare to the old system

<u>New System</u>	<u>Old System</u>
HM-98.50% & above	97.00% & above (788 vs. 776)
MA-97.00 – 98.49%	94.00 – 96.99% (776 vs. 752)
EX – 94.50 – 96.99%	89.00 – 93.99% (756 vs. 712)
SS –92.00 – 94.49%	84.00 – 88.99% (736 vs. 672)
MK-91.99% & below	83.99% & below

I hope this helps to clear up any confusion you may have had about the new “Mid-Range Prone” stuff. I can be contacted at wolverton@iowastateriflepistol.org if you think I missed something, got it wrong, or should expand my explanations.

What the Heck is Mid-Range Prone...

By Franklin D Wolverton

I know I am not alone in the fact that I like shooting what we call 4-Gun 600 matches. Well, as some of you may have heard, the NRA is no longer using 600-yard matches and scores for long-range classification. Only scores fired at 800+ yards will be used for long-range classification. 600-yard scores now fall under a new classification called “Mid-Range Prone” I decided to write this article because of the questions that I had upon noticing the rule changes.

According to the new rules effective for 2007, the mid-range course of fire may be shot in any combination of the following (when not fired in combination with a highpower match):

- 300yd prone, 15 or 20 Shots at target MR-63
- 500yd prone, 15 or 20 Shots at target MR-65
- 600yd prone, 15 or 20 Shots at target MR-1

Wait... MR-65? Yep... they created a new target that is ONLY used in 500-yard competition. The dimensions are:

Aiming Black _____	Inches
X-Ring	5.00

HEAT STRESS:

Simply put, heat stress happens when your body has to work too hard to cool itself. Heat stress disorders include sunburn, heat cramps, heat exhaustion and heat stroke. Are you at risk of suffering from heat stress?

And the risk of heat stress increases with several factors such as: aging, obesity, poor physical condition, alcohol or drug use within the previous 24 hours, hypertension, circulatory problems or diabetes, a recent illness that caused fluid loss such as diarrhea or vomiting, a current infection or fever.

Some medications may also put you at a higher risk for heat stress. Check with your doctor about any medications you're taking. Before we go any further, let's talk about how your body handles heat. Your body is always generating its own internal heat from processes such as digestion, muscle activity, even breathing. Your body likes to stay at an average temperature of around 98.6 degrees. That means your body must get rid of internal heat at the same rate it creates it to maintain this stable body temperature. The process of handling heat is called thermo-regulation. But factors outside of the body can make the process of thermoregulation more difficult for our bodies. How easily you release body heat depends on:

- Your surroundings
- Your level of physical activity
- The type of work you're doing and the time spent doing it
- And the recovery time between work periods.

When your core body temperature rises above 98.6 degrees, your body's cooling system is activated just like the thermostat in your home. Your heart begins to pump more blood, blood vessels expand and the blood is sent to the upper layers of the skin where it is cooled by the surrounding air—that is, when the outside temperature is lower than your body temperature.

But what happens when the outside temperature is higher than your body temperature?

Well, you actually begin to absorb heat from the environment. Not good when you're trying to stay cool. So, your body activates another cooling method—evaporation. The evaporation of sweat becomes the body's most important cooling method. Sweat glands release liquids containing salt and electrolytes onto the skin surface where it is evaporated and the skin cools. But sweating can also make things worse when you lose too much body fluid and minerals. Most people will lose about a quart of sweat an hour when working in extreme heat. This puts even more strain on your circulatory system since it lowers the amount of blood in your body. And there's another catch. If the environment you're

working in is humid, there will be too much water vapor in the air for your sweat to evaporate. So, even though you may be sweating buckets, you're not getting rid of heat. When your body can no longer effectively control its core temperature, its natural defenses may just shut down. Then your core body temperature can rise to a dangerous level, possibly leading to heat stroke.

Heat stroke is the most serious of the heat stress disorders. But before we get into that, let's talk about some of the minor heat stress disorders first. Sunburn can really be uncomfortable. But worse than that, sunburn can keep your body from cooling itself properly. When your body tries to rid itself of excess heat by directing blood to the skin surface, sunburned skin is already hot and interferes with natural cooling. This can lead to a more dangerous heat disorder. So wear a protective sunscreen and try to limit sun exposure on bare skin. Heat rash, also called prickly heat, is another minor heat stress disorder. Heat rash develops in situations where your sweat cannot evaporate and stays trapped close to the skin—such as in a hot, humid work area or when wearing heavy or tight clothing. Because your skin stays wet for long periods of time, your sweat ducts become plugged and a red, itchy skin rash develops. To avoid heat rash, try to rest in a cool place for part of each workday. Also, bathe regularly and keep your skin clean and dry.

Major heat stress disorders include heat cramps, heat exhaustion and heat stroke. Heat cramps can occur when you sweat profusely, drink lots of water, but don't replenish the salt you have lost in sweating. Your body needs salt to keep your muscles working smoothly. If you experience cramps—which can sometimes be severe—move to a shaded area and drink lightly salted liquids. One-quarter teaspoon of salt per quart of water is a good rule of thumb. If your cramps don't go away, seek medical attention. Heat cramps signal that your body's cooling system is getting overwhelmed and that a more serious disorder could occur if you're not careful. Heat exhaustion occurs when your body's cooling system can no longer do its job. The surface blood vessels that enlarged trying to cool your blood collapse from the loss of body fluids and minerals.

The symptoms of heat exhaustion manifest as:

- Heavy sweating
- Intense thirst from dehydration
- Cool, moist skin that can be clammy and pale
- A weak and rapid pulse
- Low to normal blood pressure
- Nausea, dizziness or fainting
- Fatigue, weakness or loss of coordination, and

- Headache.

What do you do when you think someone is suffering from heat exhaustion?

First, move the victim into the shade or a cooler area and cool them off as fast as possible. You can do this by removing clothing and shoes, fanning them and, if necessary, pouring water on them. Have the person drink plenty of liquids. If treated promptly, heat exhaustion has no known permanent effects. But if not treated immediately, heat exhaustion can turn into heat stroke with very little warning.

Heat stroke can be deadly, so symptoms should not be taken lightly. Heat stroke occurs when your body has depleted itself of salt and water supplies, when sweating is no longer effective and therefore you stop perspiring, and your body temperature soars to fatal levels.

Early symptoms of heat stroke are:

- Body temperature of 105 degrees and above
- 2) Absence of sweating in most cases
- Excessively hot red, or flushed, dry skin
- Rapid pulse
- Difficulty breathing
- Headache or dizziness
- Confusion or delirium
- Weakness, and
- Nausea or vomiting.

Advanced symptoms may include:

- Seizures and convulsions
- Loss of consciousness
- Deep coma
- No detectable pulse, and
- Body temperature over 108 degrees.

Someone having a heat stroke needs emergency medical treatment immediately. While waiting for assistance, you must lower the victim's body temperature as fast as possible. Move them to a cooler area or provide shade. Immerse the person in water, if possible, or soak their clothes in water. Massage the victim's body with ice and fan them vigorously to increase cooling. Never give liquids to an unconscious victim.

Heat stroke affects your body at a cellular level. Brain, liver and kidney cells are destroyed, as well as muscle tissue. If not treated quickly enough, heat stroke can result in permanent brain damage and can even be fatal. Sometimes the symptoms of heat stroke can be masked. When a person has been involved in a lot of physical activity, they still may be perspiring, and their cool skin may hide a dangerously high core temperature. Also, a collapse from heat stroke is often mistaken for a heart attack or head injury. Be alert to all the symptoms of

heat stroke, so that the treatment is not delayed.

Remember, if you have suffered from heat stroke in the past, you may be more susceptible to heat disorders for the rest of your life. So, take adequate precautions.

Now that you know what heat stress disorders look like, let's talk about how you can control and prevent heat stress.

One of the best ways to prevent heat stress is by gradually getting used to the heat in your environment. This is called acclimatization. With gradual adjustment, a person can generally become acclimated in five to seven days; however, some people take longer. And if you're out of heat for a period of time, remember that you'll start losing your acclimatization after one week and you'll lose it completely after one month.

Fluid intake is a crucial way to control heat stress. You need to replenish the water and salt your body loses through sweating in order for your natural cooling system to function. Fluid intake should equal fluid loss—this means drinking 5 to 7 ounces of water every 15 to 20 minutes, even when you're not thirsty. Because when you're thirsty, it's too late...you'll have lots of catching up to do to hydrate yourself.

Drinking high quality isotonic replacement fluids—commonly called “sports drinks”—is a good way to replenish fluids and electrolytes lost. These fluids are usually high in glucose or fructose and are easily digested by your body. Stay away from overly sugared drinks. Even drinking alcohol within 24 hours before activities can seriously affect your heat tolerance. Caffeine also contributes to dehydration, so avoid coffee and tea as well.

Your eating habits are an important part of controlling heat stress. The normal American diet usually has enough salt in it to support the body's cooling efforts, but if you sweat continuously or repeatedly, you may use extra salt at the table.

But consult your physician if you have heart problems or have been placed on a low sodium diet.

And by the way, salt tablets are not recommended since they cause dehydration and are not absorbed quickly into the system. As a matter of fact, use of salt tablets can cause further heat stress.

Most people don't realize that eating hot food adds directly to body heat. And heavy or large meals reduce your ability to get rid of heat since they redirect blood flow to your digestive tract instead of your skin surface. So make sure your lunch meal is cool and light and save the heaviest meal of your day for after activities.

What you wear can also affect your ability to handle the heat. Ideally, you'll want to wear lightweight, light

colored clothes. Avoid polyester since it absorbs the heat! Loose fitting clothes provide area for sweat evaporation. And, cover your head to protect it from the heat. Also, be diligent about replenishing water and salt lost through sweat. Being in the heat is not easy. And sometimes it can be the cause of accidents—your glasses fog, sweat gets in your eyes, your hands get slippery, and sometimes even your judgment is off. Knowing the symptoms and treatments for heat stress disorders, and by taking precautions, so on those days when it can't get any hotter, you won't lose your cool.

IOWA HUNTER EDUCATION INSTRUCTOR ASSOCIATION:

By Bill Sterner

Many people have the idea that the hunter education system in the state of Iowa exists to teach people how to hunt. This is a misconception. We don't exist to teach hunting techniques. We teach the basics of wildlife conservation, ethics, hunting laws as they pertain to hunting with firearms, survival, and basic firearm safety that applies to all firearms

The Iowa Hunter Education Instructor Association (IHEIA) works hand in hand with instructor associations in other states, and with the International Hunter Education Association, to establish a curriculum that is used universally so that everyone is teaching the same basic material even though the material may be tailored to each specific area. For instance, the list of legal game animals, as well as protected and endangered species will vary from state to state.

Instructor training is vital to the hunter education program, and the opportunity to exchange ideas and experiences is always beneficial. In 2005 the Iowa Hunter Education Instructor Association, along with the Iowa DNR and the Wisconsin DNR, co-sponsored a rendezvous that was attended by nearly 100 instructors from 5 different states. Through workshops and the training academy run by the Iowa DNR, instructors learn the skills needed to pass knowledge on to the students.

One opportunity for the students to expand their knowledge is through participation in the Youth Hunter Education Challenge. The entrants are tested in eight different categories including black powder rifle, shotgun, archery, light rifle, orienteering, wildlife identification, a safety trail, and a written exam. This is a great opportunity for the participants to receive some advanced training in a safe, controlled environment, and IHEIA has been a strong financial supporter and major contributor to the success of this program since our beginning.

Ensuring that hunter education is available to every eligible Iowan is another goal of IHEIA, and we have used our funds to provide training materials as needs arise.

While only about 20% of the population will hunt there is another segment of the population that is interested in other facets of shooting sports, or just interested in learning to feel comfortable around a firearm. Over the past several years IHEIA has provided financial support to a number of programs that teach a wide variety of outdoor skills, environmental awareness, and wildlife conservation along with firearms safety training in settings that take the pressure out of the learning experience.

IHEIA is proud to support programs such as Becoming an Outdoor Woman (BOW), Outdoor Journey for Girls, and Hunting and Conservation Camp for Boys. These programs have introduced hundreds to the joys of the outdoors, and awakened them to the responsibility that each of us bears to ensure that future generations can continue to enjoy our resources.



The 2007 IHEIA will be raffling off a Henry Big Boy – 45LC Rifle. Drawing to be held June 30, 2007 at the IHEIA Banquet. Ticket price is \$2.00 each. If interested contact Bill Sterner @ 563-732-3637.

NRA BASIC PISTOL CLASS:

The West Liberty Gun Club is holding a NRA basic pistol class starting Monday May 7th. This class is 6 weeks long and will run each Monday from 7 pm and end at 9 pm. The cost is \$35.00 per person. Equipment needs are an iron sighted .22 pistol and standard velocity ammo. We will have extra pistols for those that need them. All students will need eye and ear protection. Any further questions feel free to contact Warren Bishop by e-mail at [tbishop2541@Yahoo.com](mailto:tbishop2541@yahoo.com) or by phone at 563-263-7890.

What does it mean to give MORE than 100%?

Ever wonder about those people who say they are giving more than 100%?

We have all been to those meetings where someone wants you to give over 100%.

How about achieving 103%? What makes up 100% in life? From a strictly mathematical viewpoint it goes like this:

If: A B C D E F G H I J K L M N O P Q R S T U V W X Y Z
is represented as:

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24
25 26.

Then:

H-A-R-D-W-O-R-K

8+1+18+4+23+15+18+11 = 98%

and

K-N-O-W-L-E-D-G-E

11+14+15+23+12+5+4+7+5 = 96%

While,

A-T-T-I-T-U-D-E

1+20+20+9+20+21+4+5 = 100%

However,

B-U-L-L-S-H-I-T

2+21+12+12+19+8+9+20 = 103%

AND,

A-S-S-K-I-S-S-I-N-G

1+19+19+31+9+19+19+9+14+7 = 118%

From this, one can then conclude with mathematical certainty that while Hard Work and Knowledge will get you close to 100%. Attitude will get you all the way, but Bullshit and Ass kissing will put you into the overachiever category.

Of course, there is always the other overachiever who is the sum of Hard work (98%) + Knowledge (96%) + Attitude (100%) for a grand total = to 294%.

*** We would all like to be recognized as overachievers.

*** ***Which kind do you want to be? ***

ONLINE MEMBERSHIP AND PAYPAL:

The Iowa State Rifle and Pistol Association have teamed up with PayPal to offer its members the ability to pay their member dues online. While PayPal charges us a small fee per transaction. The Iowa State Rifle and

Pistol Association have chosen to absorb the fee, rather than passing it along to new and renewing members who use PayPal.

This allows us to accept Visa, MasterCard, American Express, Discover, electronic checks, bank transfers, and PayPal accounts.

You are NOT required to sign up for a PayPal account in order to use this service.

BUY-SELL-TRADE:

If you send me an item, I will include them in each newsletter. If you sell or receive the item, please let me know so I can remove it from the next newsletter.

Winchester 52 B: custom stock, Kenyon trigger, and Hart barrel-\$850. 37 Rem. Custom stock and Thomas trigger-\$850. Win. 52 C H-Barrel, Thumbhole stock, accessory rail, adj. Hook-\$700. Walther: Adj. But, metallic sights-\$850. Numerous Win. 52's mostly Original, H-Barrel & Bulls- A to D. \$650-\$850. 2 Springfield 03-A3 sporterized-\$350. Rem 37-H.B., Canjar trigger-\$600

Contact August Westugard. 712-458-2664

Gracey Power case trimmer with carbide cutter (.308). Excellent condition \$195. Creedmoor Sports heavy hardback leather shooting coat size 40 (navy blue with cream back). Excellent condition \$300. Mike Dodson 515-342-4871

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IOWA FRIENDS OF NRA BANQUETS

June 07, 2007	Mt Pleasant	John Klopfenstein	319-986-5267
Aug. 24, 2007	4-H Fair grounds	Jason Stanek	515-955-1040
Sept. 22, 2007	Decorah, IA	Darin Wurzer	563-532-9821

IOWA GUN SHOWS 2007:

- Jun 1-3** Cedar Rapids, Hawkeye Downs, [Tradeshow/Ter-Mark](#)
- Jun 30-Jul 1** Des Moines, Iowa State Fairgrounds, [Tradeshow/Ter-Mark](#)
- Sep 7-9** Cedar Rapids, Hawkeye Downs, [Tradeshow/Ter-Mark](#)
- Sep 21-23** Des Moines, Iowa State Fairgrounds, [Tradeshow/Ter-Mark](#)
- Nov 2-4** Des Moines, Adventureland [Tradeshow/Ter-Mark](#)
- Nov 9-11** Cedar Rapids, Hawkeye Downs, [Tradeshow/Ter-Mark](#)
- Nov 23-24** Des Moines, Iowa State Fairgrounds, [Tradeshow/Ter-Mark](#)
- Dec 14-16** Des Moines, Iowa State Fairgrounds, [Tradeshow/Ter-Mark](#)

IOWA SHOOTING SCHEDULE:

BOONE RIVER IZAAK WALTON:

www.geocities.com/boonevalleyikes/

Contact: Gary Knous-515-838-2872

May 26	Benchrest Hunter, Varmint Hunter & Varmint for Score 100 & 200 Yards 9AM
May 27	Benchrest Varmint for Score 100 & 200 Yards 9AM
June 23	Benchrest Iowa State Championship Light Varmint 100 & 200 yard Group 9AM
June 24	Benchrest Iowa State Championship Heavy Varmint 100 & 200 yard Group 9AM
July 28	Benchrest Iowa State Championship Hunter / Varmint Hunter for Score 100 & 200 yard 9AM
July 29	Benchrest Iowa State Championship Varmint for Score 100 & 200 yard 9AM
Aug. 25	Benchrest Light Varmint 100 & 200 yard Group 9AM
Aug. 26	Benchrest Heavy Varmint 100 & 200 yard Group 9AM
Sept 29	Benchrest Hunter, Varmint Hunter & Varmint for Score 100 & 200 Yards 9AM
Sept. 30	Benchrest Varmint for Score 100 & 200 Yards 9AM

OAK HILL GUN CLUB:

Trap begins April 11 at 4:30 every Wed. through Oct.

April	29	Bolt Gun	8:00 am	Aug.	05	Black Powder	10:00 am
May	06	Black Powder	10:00 am	Aug.	12	CMP 50-NMC	8:00 am
May	12	Silhouette	8:00 am	Aug.	18	Silhouette	8:00 am
May	19	.22 Bench Rest	12:00 pm	Aug.	19	Bench Rest	8:00 am
May	20	Bench Rest	8:00 am	Aug.	26	Junior CMP	1:00 pm
May	27	Junior CMP	1:00 pm	Sept.	02	Black Powder	10:00 am
June	03	Black Powder	10:00 am	Sept.	09	CMP 50-NMC	8:00 am
June	09	Silhouette	8:00 am	Sept.	15	Silhouette	8:00 am
June	10	CMP 50-NMC	8:00 am	Sept.	16	Bench Rest	8:00 am
June	16	Bench Rest	8:00 am	Sept.	23	Junior CMP	1:00 pm
June	24	Junior CMP	1:00 pm	Sept.	30	Bolt Gun	8:00 am
July	01	Black Powder	10:00 am	Oct.	07	Black Powder	10:00 am
July	08	CMP 50-NMC	8:00 am	Oct.	14	CMP 50-NMC	8:00 am
July	15	Bench Rest	8:00 am	Oct.	21	Bolt Gun	8:00 am
July	21	Silhouette	8:00 am	Oct.	28	Junior CMP	1:00 pm
July	22	Junior CMP	1:00 pm	Nov.	04	Black Powder	10:00 am
July	29	Bolt Gun	8:00 am	Nov.	11	Bolt Gun	8:00 am

PLEASANTVILLE RIFLE & PISTOL CLUB, INC.

Contact John Marsh at 515-848-3341 for more information.

All matches held at Hoffman Range. 1st relay 10:30 a.m.-2nd relay 1:30 p.m.

May	06	22 cal. Rimfire Rifle & Clinic	3-p 30 rd., 50Ft.	Any Sight
May	20	Service Rifle Match & Clinic.		Iron Sight
June	03	Sporter Rifle (9 lb. Limit) 3-p 30 rd.		Any Sight.
June	03	200yd Benchrest. 5 shot-best group		
June	24	Conventional Pistol (RF & CF)		Any Sight.
July	08	Action Pistol (light load, 48 rounds)		Any Sight
July	22	Old Rifle (100 yr. or older, larger than .22, 20 rd.)		Iron Sight
July	22	Mad Min. (6mm or lager, bolt action)		
August	05	22 RF Prone, 50 yd & 100 yd 40 rd.		Iron & Any Sight
August	19	Shotgun Match (25 rds)		Any Sight

September 09	Moving Target – any solid bullet	Any Sight
September 23	Service Rifle Match & Clinic.	Iron Sight
October 07	Pistol Match – S&P – two Divisions	Iron & Any Sight

RIVER CITY RIFLE & PISTOL CLUB:

June 2-3	Approved Highpower Rifle	Steve Hays	641-423-5678
September 23	Approved Highpower Rifle	Steve Hays	641-423-5678

HUMBOLDT RIFLE & PISTOL CLUB:

April 29	80 RC 200yd	Gerry West	515-332-1547
May 12	CMP Rimfire Sporter 1:00 pm	Gerry West	515-332-1547
June 24	CMP Rimfire Sporter 1:00 pm	Gerry West	515-332-1547
July 14	CMP Rimfire Sporter 1:00 pm	Gerry West	515-332-1547
August 19	Smallbore Prone Match 10:00 am	Roger Howland	515-576-1660

TRI-STATE GUN CLUB:

Kurt Westfall e-mail: kurt52639@yahoo.com

Bill Mullan e-mail: marybill@lisco.com

April 28	John C. Garand Match	Bill Mullan	319-372-2312
May 19	IR 50/50	Kurt Westfall	319-463-7103
May 26	John C. Garand Match	Bill Mullan	319-372-2312
June 9	M1 Garand Clinic	Bill Mullan	319-372-2312
June 16	IR 50/50	Kurt Westfall	319-463-7103
July 14	IR 50/50	Kurt Westfall	319-463-7103
July 21	John C. Garand Match	Bill Mullan	319-372-2312
August 11	John C. Garand Match	Bill Mullan	319-372-2312
August 18	IR 50/50	Kurt Westfall	319-463-7103

DES MOINES RIFLE & REVOLVER CLUB:

May 19& 20	State Service Rifle Championship	Charlie Soderquist	515-249-1155
May 20	EIC match	Charlie Soderquist	515-249-1155
June 16 & 17	State High Power Championship	Charlie Soderquist	515-249-1155
July 15	EIC match	Charlie Soderquist	515-249-1155
July 21 & 22	High Power Regional	Charlie Soderquist	515-249-1155
August 25-26	Smallbore Conventional Prone	Dick Hewins	515-279-1785

WEST LIBERTY GUN CLUB:

<http://www.westlibertygunclub.org>

April 29	Ladies Trophy Match (900 Rimfire)	Warren Bishop	563-263-7890
May 20	Thomas R Utter Memorial Match	Lowell Baker	319-629-5409
May 27	Outdoor Pistol	Greg Terry	319-766-2781
June 17	Outdoor Pistol	Greg Terry	319-766-2781
June 24	Outdoor 3P-4P Smallbore State Championship	Lowell Baker	319-629-5409
July 08	Iowa Games warm-up	Lowell Baker	319-629-5409
July 22	Ladies Outdoor (to be announced)	Warren Bishop	563-263-7890
August 26	Outdoor Pistol	Greg Terry	319-766-2781
Sept. 22-23	State Outdoor Pistol	Greg Terry	319-766-2781
Sept. 30	WLGC Top Gun	Lowell Baker	319-629-5409
Dec. 16	Ladies Indoor (900 rimfire)	Warren Bishop	563-263-7890

OFFICERS AND DIRECTORS

President	John Klopfenstien	319-986-5267
Exec. Vice President	Paul Porter	319-455-2477
2 nd Vice President	Robert Izzard	319-759-2576
3 rd Vice President	Randy Paper	563-332-4547
4 th Vice President	Robert Mead	319-266-6223
Secretary/Treasurer	Bill Besgrove	319-626-2710

DIRECTORS

Terms expiring in 2007		Terms expiring in 2008	
Mark Salmi	515-961-7273	Lowell Baker	319-629-5409
Craig Swartz	515-987-4202	Ray Dietrich	563-236-2186
Frank Wolverton	563-676-0101	Bill Mullan	319-372-2312
Brian Vandewater	515-232-6783	Wayne Marker	563-332-9346
Roger Howland	515-576-1660	Dennis Watkinson	319-629-4611

CHAIRMAN:

Air Gun-	Raymond Dietrich	403 Lowe St. Muscatine, IA 52761	563-263-2186
Annual Meeting-	Bill Mullan	18 High Point Fort Madison, IA 52627	319-372-2312
Audit and Financial-	Open		
Black Powder-	Open		
High Power Rifle-	Roger Howland	2410 N 10 th Av. Fort Dodge, IA 50501	515-576-1660
Iowa Games-	Tom Snow	1722 Monona St Boone, IA 50036	515-432-7142
Junior Programs-	Bill Mullan	18 High Point Fort Madison, IA 52627	319-372-2312
Legislative Affairs-	Open		
Membership-	Bill Besgrove	240 Prospect Rd North Liberty, IA 52317	319-626-2710
Newsletter-	Bill Besgrove	240 Prospect Rd North Liberty, IA 52317	319-626-2710
Pistol-	Paul Porter	609 S Jackson Lisbon, IA 52253	319-455-2477
Police Relations-	Open		
Public Relations-	Franklin Wolverton	2602 N Division St., Davenport, IA 52804	563-676-0101
Shotgun-	Open		
Silhouette-	Open		
Smallbore Rifle-	Randy Paper	PO Box 14 Pleasant Valley, IA 52767	563-332-4547

Quote for a Quarter

"People sleep peaceably in their beds at night only because rough men stand ready to do violence on their behalf."

George Orwell

EARLY RENEWAL

If you are getting your newsletter by mail please look at your address label for your expiration date. When your expiration date is getting close (with in 3 months) please us the membership application on the back and renew soon. Early renewal helps (Bill Besgrove) our membership Chairman save time and the expense (paper, printing and postage) of sending out renewal letters. All of the ISR&PA board members, directors and chair positions are volunteers.

Minutes are now being posted on our website in the members-only section and are available upon request

The publication of material will be subject to the discretion of the editor. Due to limitations, the ISR&PA cannot verify, nor be responsible for accuracy of statements made in articles submitted.

SERVING THE FIREARMS OWNERS OF IOWA-WE ARE THE NRA IN IOWA